

B.V. Patel Institute of Management, Uka Tarsadia University

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Outbound Training at 'Sahyadri Range'for Students

In association with University, institute has organized two days Outbound Training for BBA students on 1st - 2nd September 2018 at 'Sahyadri Range'. 24 students of BBA and 2 faculties participated in two days of 'Outbound Training'. The training emphasized physical fitness, games, sports, and adventure that aim to increase student productivity levels as well as build team spirit.

The trip started with lots of enthusiasm in the bus where the few back setters enjoyed the Bumpy Jumping ride. We took a tea hold at Mangrol at 7:10am. And continued our journey till Swaminarayan Lodge, Dediapada from 9:05am to 9:50am where we took healthy breakfast of Aloo paratha. Then our next stop was at devmogara temple which is said to have infrastructure similar to Hidimba temple and also known for liquor offering and "BALI". We again continued our journey at 10:36 am and experienced enjoyable moments with lots of photography at the table point surrounded by full of greenery. Then we finally reached our destination 'Dahel', Akkalkuva district somewhere on Gujarat- Maharashtra border at 1:15pm and took our lunch.

Then we did hiking over the mountain ranges from 2:45pm to 4:40pm at the peak where it was a wonderful experience and fun loving to get involved in the nature. The student over here learnt groupism and even to deal with mud fallouts and reached back to camp at 6:30pm at the base camp. Then we took tea and enjoyed a lot sitting altogether and talking all the stuffs without digitalization. And then we took dinner and even started our night activities with barbeque and activity games like 21 dare till 1:00am at night. The night experience was a bit difficult one between lots of wildlife like lizards, rats, frogs, and other small insects too. Though it was difficult to sleep among such insects but it is acceptable where we did not have any other option to deal with.

Our morning started with a tea and breakfast then started to trek towards an amazing waterfall. We reached the waterfall at 10:30am with lots of fun in climbing down the mountain and enjoyed fresh water splash. We reached back to base camp at 12:00 noon and enjoyed archery games and playing ludo.

Participation in adventure and related outdoor activities promote among students leadership, courage, vigor, and a sense of self-growth and comradeship. Our overall experience was exciting and good enough thrill experiences.

